

AUGUST | 2022

Hamilton Local Schools K-8



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	2	3	4	5
8	9	10	11	12
15	16	17 Pizza Steamed Corn Fruit Milk	18 Hamburger/ Bun Green Beans Ice Cream Fruit Milk	19 Taco Salad Tortilla Chips Refried Beans Fruit Milk
22 French Bread Pizza Steamed Corn Fruit Milk	23 Chicken Nuggets Hot Roll Baked Beans Baby Carrots Fruit Milk	24 Macaroni & Cheese Soft Pretzel Steamed Broccoli Fruit Milk	25 Ham & Cheese Calzone Tater Tots Cucumber Slices Fruit Milk	26 Cheese Bread Marinara Sauce Tossed Salad Rice Krispie Treat Fruit Milk
29 Pizza Mixed Vegetables Baby Carrots Fruit Milk	30 Chicken Tenders Corn Bread Green Beans Cauliflower Bites Fruit Milk	31 Hot Dog Baked Beans Carrot Sticks Fruit Milk	1	2

Welcome to your
2022-2023 School
Year!

Breakfast is offered daily
at no cost.

A complete lunch
consists of FIVE food
components
Grains (part of entrée)
Protein (part of entrée)
Vegetable
Fruit
Milk

Students must take
Three of the Five food
components and One
must be a fruit or
vegetable.

Menu is Subject to
change.